

# The 28 Day Minimalism Challenge

Happy February! It's the shortest month of the year but that doesn't mean that you can't get a lot done. This is a great 28 day minimalist challenge for anyone who is wanting a less cluttered home.

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- 1 PURGE YOUR CLOSET - Donate or throw out anything you have worn, is older, or doesn't fit anymore (clothes, shoes, bags, etc.)
  - 2 CLEAN OUT YOUR PURSE
  - 3 SORT OUT AND THROW OUT OLD SOCKS AND UNDERWEAR
  - 4 CLEAN OUT AND ORGANIZED YOUR JUNK DRAWERS
  - 5 CLEAN OUT AND DONATE OR THROW OUT OLD KITCHEN GADGET
  - 6 CLEAN OUT AND ORGANIZE ALL KITCHEN CABINETS (throw out things left over from parties, old Tupperware, broken cups and dishes, etc.)
  - 7 DON'T BUY ANY NEW PURCHASES FOR ONE MONTH
  - 8 CLEAN OUT YOUR EMAIL AND UNSUBSCRIBE FROM EMAILS YOU DON'T WANT
  - 9 CLEAN OUT YOUR MAKEUP DRAWER
  - 10 DECLUTTER AROUND YOUR HOME AND THROW OUT RANDOM KNICK KNACKS AROUND YOUR HOME
  - 11 DECLUTTER YOUR PHONE APPS
  - 12 DONATE OLD BOOKS
  - 13 CLEAN OUT YOUR FRIDGE AND YOUR PANTRY
  - 14 THROW OUT OLD CONDIMENTS, SPICES, TAKEAWAY PACKETS, ETC
  - 15 CLEAN OUT YOUR MEDICINE CABINET - throw out expired medications
  - 16 ORGANIZE AND DELETE OLD PHOTOS ON YOUR PHONE
  - 17 ORGANIZE AND SHREAD OLD DOCUMENTS
  - 18 THROW OUT OLD TOILETRIES AND PERFUMES
  - 19 CLEAN OUT ALL DRAWERS AROUND YOUR HOUSE
  - 20 ORGANIZE YOUR FRONT CLOSET
  - 21 DONATE OR THROW OUT OLD COATS, GLOVES, AND SCARVES
  - 22 SORT THROUGH YOUR JEWELRY, DONATE OR SELL WHAT YOUR DON'T WEAR
  - 23 ORGANIZE AND THROW OUT WHAT YOU NO LONGER NEED IN YOUR STORAGE
  - 24 THROW OUT ANYTHING AROUND YOUR HOME THAT IS BROKEN
  - 25 THROW OUT OLD TOWELS AND LINENS
  - 26 DONATE OLD CD'S AND MOVIES
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27 THROW OUT OLD PAPERS, CARDS, AND RECEIPTS AROUND THE HOUSE

28 CLEAN OUT AND DETAIL YOUR CAR

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