

# Baby month

## To do list

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- Complete nursery
- Get last minute essentials
- If breastfeeding:
  - Get breastpump
  - Clean/replace parts in pump
  - Get breast pads/nipple cream/storage bags
  - Sterilize bottles/nipples
- If bottle feeding:
  - Get formula
  - Sterile water
  - Sterilize bottles/nipples
  - Get bottle warmer
- Wash baby clothes
- Diaper changing baskets
- Unbox/assemble baby gear
- Install carseat
- Pack hospital bag
- Get new sibling gifts
- Get postpartum essentials
- Prep easy meals
- Have a labor/birth plan
- Clean & declutter house
- Self care!