

Packing List for Birthright

Birthright is a free ten-day trip to Israel for young Jewish adults ages 18-26 that takes you all over the country. Packing a carry-on is the only way to go for this ten day trip to Israel. {Hot tip: Copy/save this list and customize by adding new items and replacing others!}

Clothing

- Jeans/Pants (1-2) <https://herpackinglist.com/best-travel-pants-for-women/>
- Shorts (2-3)
- Leggings (1-2)
- Basic t-shirts / tanks (10)
- Shawl / scarf / maxiskirt (1)
- Shabbat outfit <https://herpackinglist.com/guide-to-packing-for-conservative-countries/>
- Underwear, socks, pajamas
- Bras (3)
- Sweatshirt (1)
- Warm jacket (1) – Only if you are going in the winter
- Towel (1, optional) herpackinglist.com/turkish-towels-for-travel/
- Swimsuit (1-2)

Shoes

- Flip-flops (1)
- Athletic shoes (1)
- Nice sandals (1)

Toiletries

- Travel-sized toiletries <https://herpackinglist.com/get-free-travel-size-toiletries/>

Extras

- Start your trip with at least \$150 of American cash
 - One small purse for your night out in Tel Aviv
 - One day pack that will fit a change of clothes and a towel
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- Hat
- Sunglasses
- Water bottle
- A good pair of headphones

Electronics

- A few pairs of earplugs
- A portable charger

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