

How to Pack Like a Minimalist in a 16L Backpack

Ready to start packing light for your next trip? This packing list will help you to compile a packing system that is stylish, compact, and functional. Because you're an independent woman who don't need no 60L pack! {Hot tip: Copy/save this list and customize by adding new items and replacing others!}

Luggage

- 16L backpack
- Packable backpack or tote for hiking and picnics <https://herpackinglist.com/rei-stuff-travel-pack-review/>
- Packing cubes <https://herpackinglist.com/how-to-use-packing-cubes/>

Clothing

- 1 tank top
- 1 sleeping shirt
- 1 sleeveless top
- 1 t-shirt
- 1 long sleeve
- 1 blouse
- 1 sweater
- 1 dress/romper/skirt
- 1 pair of pants
- 1 pair of shorts
- 2 bras
- 5 pairs underwear herpackinglist.com/fast-drying-womens-travel-underwear/
- 2-4 pairs socks
- 1 bathing suit
- 1 scarf

Shoes and Outerwear

- 1 pair of shoes
 - 1 pair of open-toed shoes
 - 1 pair of open-toed shoes
-

1 packable windbreaker

Toiletries

Face cleanser

Sunscreen

Lip chap

Tea tree oil

Soap

Mini loofah

Pack towel <https://herpackinglist.com/pack-towels/>

2 in 1 shampoo/conditioner

Deodorant

Mini hairbrush

Toothbrush & toothpaste

Tweezers

Nail clippers

Band-aids

Diva cup <https://herpackinglist.com/the-divacup-review/>

Optional & Speciality items

Any medication

Glasses, contacts, contact solution

Mini mirror

Razor

Makeup

Red lipstick

Liquid Eyeliner

Essential Gear

Concealer

Carabiner

- Pad lock for hostels
- Spork
- Plastic knife
- Collapsible cup
- Hand sanitizer/wet wipes
- Cords and Adapters
- Altoids tin: great for packing minutiae like band aids and sim cards.
- Headlamp: for navigating your hostel without waking everyone up
- Duct tape
- Sunglasses
- A buff <https://herpackinglist.com/the-one-little-thing-buff/>

In My Purse

- Wallet
- Water bottle
- Journal and pen
- Reading material
- Small pouch: where I carry extra medication, lip chap, headphones

For Planes, Trains, and Automobiles

- Inflatable pillow <https://herpackinglist.com/exploring-best-travel-pillows/>
- Ear plugs
- Ear planes

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