

# Packing List for Rarotonga (Cook Islands)

Packing for a trip to Rarotonga doesn't require much luggage! Being a beautiful island destination in the South Pacific, the weather is fairly warm year-round. This packing list covers everything you might need for a 6-10 day holiday. [Hot tip: Copy/Save this list and customize by adding new items and replacing others!]

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## Clothing to Pack for Rarotonga

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- 5 casual shirts
- 2 pairs of shorts
- 1 nice outfit for going out (skirt or dress)
- 2 casual dresses/playsuits/skirts
- 1 light long-sleeved top (cardigan or sweatshirt)

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- Pajamas
  - Swimwear
  - Packable raincoat - Essential in the wet season (Nov - Mar)  
**Essential** during the wet season (November - March)

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- 6 pairs of womens travel underwear - <https://herpackinglist.com/womens-travel-underwear-guide/>
  - 3 bras (one strapless, one sports bra and one casual)
  - 6 pairs of socks

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## Shoes to Pack for Rarotonga

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- Flip flops
- Nice sandals/shoes
- Comfortable walking shoes
- Aqua shoes (optional)

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## Toiletries to Pack for Rarotonga

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- Shampoo + Conditioner
  - Body wash + facial cleanser
  - Toothbrush + Toothpaste
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- Deodorant

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- Hairbrush

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- Insect repellent

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- Shaving

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- Sunscreen - Expensive on the island, so be sure to pack some!

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- Sanitizer

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- Packet tissue

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- Makeup - Too hot for much, so pack the basics: <https://herpackinglist.com/the-low-key-travelers-beauty-kit/>

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- Foundation

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- Concealer

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- Eyebrow pencil

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- Setting spray

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- Mascara

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- Lipstick

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- Makeup Towel

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## Tech to Pack for Rarotonga

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- Laptop (or leave it at home!)

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- Phone + charger

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- Camera, lenses, mini tripod, memory cards + charger

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- Headphones

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- Travel adapter

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- Power bank

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## First Aid Kit

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- A small pouch with a little bit of: Ibuprofen, paracetamol, cold/flu tablets, immodium, allergy medication, antihistamine cream, band-aids/plasters, alcohol swabs, antiseptic cream

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## Miscellaneous

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- Snorkelling equipment (or rent on the island)

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- Turkish travel towel - <https://herpackinglist.com/turkish-towels-for-travel/>

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- Hat

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Sunglasses

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Water bottle

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Waterproof armband

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Book or E-reader

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