

# Free Adoption Shopping List

Free shopping and preparation checklist for adopting a baby or child. This list includes all the things you need to buy to bring your new child home.

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## For Your Adoption Travel

- Luggage
- Diaper bag
- Bags for dirty/soiled clothes
- Laundry detergent (travel size)
- Travel-size first aid kit
- Gifts for your child's birth parents (check with your adoption attorney first to make sure it's allowable per state laws)

## Gear and Travel

- Stroller and/or umbrella stroller
- Stroller accessories, such as a rain cover, sun shade, foot muff, and hooks for bags or purses
- Convertible car seat
- Car seat accessories, like a mirror, sun shade for the windows, and car seat cover
- Pack N Play Playard and two to three play yard sheets
- Diaper bag

## Nursery and Décor

- Crib and crib mattress (or a toddler bed, depending upon the age of the child you're adopting)
  - Waterproof mattress pads (2-3)
  - Fitted crib sheets
  - Crib sheet protectors (2-3)
  - Color-coordinated valance, dust ruffle, quilt, etc
  - Dresser
  - Storage bins or baskets
  - White noise sound machine
  - Laundry hamper
  - Child-sized hangers (12-15)
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## Feeding

- Toddler bowls, plates, and utensils
- Toddler cups and sippy cups (6-8)
- High chair
- Booster seat for dining out
- Bibs (8-10)
- Snack dispenser

## Bath and Potty

- Bathtub
- Shampoo
- Rinse cup for shampoo
- Bath toys
- Mat for parents to kneel on
- Hooded towels (4-6)
- Baby washcloths (7-8)
- Diapers (in various sizes)
- Diaper pail
- Wipes
- Diaper rash ointment

## Safety and Health

- Baby monitor
- Safety gates
- Safety locks and outlet covers
- Humidifier
- Thermometer
- Nasal bulb
- First Aid kit
- Baby or child toothbrush and toothpaste
- Nail clippers

- Brush and comb
- Night light
- Shopping cart cover

## Toys and Learning

- Books
- Activity mat or walker
- Stuffed animals
- Walk-behind toy
- Extra batteries!

## Clothing and Linens

- Undershirts (4-6)
- Seasonal clothing, such as jackets and swim suits
- Socks (9-12 pairs)
- Shoes (2-3 pairs)
- Outfits (4-6)
- Footie pajamas (4-8)
- Pants (4-8 pairs)

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