

Practice Questions and Answers for Adoptive Parents

A free checklist for adoptive parents. Save or print a copy.

1. Who is the driving force for wanting to adopt?

- Me (definitely)
- Me (a little bit more than my spouse)
- My spouse/partner (definitely)
- My spouse/partner (a little bit more)
- Both want to adopt about the same

2. Will this driving force dynamic cause conflict in your relationship?

- Yes
- No
- Possibly

3. What age child would you prefer to adopt?

- Newborn (under six months)
- Infant (newborn to 2)
- Preschooler (3 to 5)
- Primary school (6 to 10)
- Middle school (11 to 14)
- High school (15 to 18)

4. How firm are you on the age selected above?

- Absolutely firm
- Willing to explore slightly older/younger
- Not sure at all

5. Which of the following racial heritages would you be willing to consider in an adoptive child? (Select all that apply)

- Any Child

- Asian
- Black
- Caucasian
- Caucasian/Black
- Hispanic
- Native American
- Multi-Racial

6. Which gender would you prefer in your child?

- Girl
- Boy
- Either

7. Would you consider twins?

- Yes
- No

8. Would you consider siblings?

- Yes
- No

9. Which of the following disabilities or risk factors would are you willing to consider in an adoptive child? (Check all that apply)

- Alcohol exposed (occasional)
- Alcohol exposed (frequent)
- Drug exposed (occasional)
- Deafness
- Developmental disabilities (mild)
- Developmental disabilities (moderate)
- Developmental disabilities (severe)
- Mild or medically correctable condition
- Smoking exposed

- Emotional/mental disorders in family
- Emotional/mental disorders in child
- Premature birth
- Club foot
- Cleft palate or lip
- Down Syndrome
- Epilepsy in child
- Epilepsy in family
- Blindness
- Diabetes in child
- Diabetes in family
- Conceived through rape
- Conceived through incest
- Nothing known about father
- Nothing known about mother

10. Do you feel you are stable in your relationship as a couple without having children?

- Yes
- No
- Unsure

11. Will friends and family members be supportive of your plans to adopt?

- Yes
- No
- Unsure

12. What level of openness are you willing to consider with birth parents?

- Identifying open adoption
- Open adoption without sharing identifying information
- Exchanging letters and photos only
- Completely confidential (closed) adoption

13. Where would you be willing to go to adopt? (Select all that apply)

- Only in our state
- Neighboring states
- Anywhere in U.S.
- International

14. Have you put an adoption budget together?

- Yes
- No
- Don't know where to begin

15. When and how do you feel children should be told they're adopted?

- As early as possible
- Mid- to late-childhood
- As adults
- Only when they ask
- Only when they find out
- Never
- Not sure

16. Would you support/assist your child if he/she wanted to search, contact, or have a relationship with his/her birthparents?

- Yes
- No
- Don't know

17. Will you or your partner change your workload or work schedule outside the home after the adoption?

- Yes, I will stay at home with the child
- Yes, my partner will stay at home with the child
- I will reduce my work load to part time
- My partner will reduce his/her work load to part time

- Will remain the same
- Already stay-at-home

18. Are you ready to love an adopted child as much as one you gave birth to biologically?

- Yes
- No
- I think so
- I don't know

19. Would you prefer to continue with infertility treatment before seriously pursuing adoption?

- Yes, I want to
- No, I don't want to
- My partner wants to, but I don't
- My partner does not want to, but I do
- Not sure

20. How long are you willing to wait to adopt?

- Up to six months
- Six months to 1 year
- 1 year to 2 years
- 2 to 3 years
- However long it takes