

Self Esteem Affirmations

Daily Affirmations from Day 2 of our 5 Day Self Esteem E-course

- I have everything I need within myself
- I have much to celebrate about myself and my life
- I choose to stop apologizing for being me
- I love the person that I am
- I accept myself unconditionally
- The only approval I'll ever need is mine
- Accept others as they are and they in turn accept me as I am