

What to pack on Winter Vacation

- Thermal wear - try Uniqlo's Heattech collectino of long sleeve tops and leggings
- Sweaters - cardigans, pullovers or basic knitted sweaters. These are essential!
- Jeans - wearable even with thermal leggings underneath to keep you nice and toasty
- Down Jacket - necessary for temperatures ~50 degrees Fahrenheit and below. Waterproof helps, too, for the snow.
- Coat - whether a trench coat or a peacoat, these are classic fashion items that will always keep you warm
- Gloves - or rather, mittens. Surprisingly, fingers together produce more warmth than fingers separated.
- Hats - the top of your head is also important, so bring a a knit cap or bean to keep your extremities heated
- Scarves - these are versatile for many reasons. They can be wrapped in various warm ways around your neck and shoulders
- Socks - feet are incredibly important to maintaining your body heat, so pack some that are thick, long, made with wool, and/or are insanely cozy
- Boots - from ankle length to knee high, your feet will be thank you if you decide to tote these. The darker the boots, the better for hiding dirt/mud. Also, make sure they're water-resistant.