

Basic Disaster Supplies Kit

To assemble your kit, store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag.

A basic emergency supply kit could include the following recommended items:

- Water <https://www.ready.gov/water> - one gallon of water per person per day for at least three days, for drinking and sanitation
- Food <https://www.ready.gov/food> - at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place <https://www.ready.gov/shelter>.
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities <https://www.ready.gov/safety-skills>
- Manual can opener for food
- Local maps
- Cell phone with chargers and a backup battery

For details:

- Ready Campaign site <https://www.ready.gov/build-a-kit>
- Download the Recommended Supplies List <https://www.fema.gov/media-library/assets/documents/90354> (PDF)